



UNTA OR UNTS - KINESIOLOGY – HEALTH & WELLNESS CAREER PATHWAY MAP

✓	RECOMMENDED COURSE SEQUENCE	SEMESTERS OFFERED	CREDIT HOURS
<input type="checkbox"/>	1. <i>PSYC 2301 General Psychology*</i>	F, SP, SU	3
<input type="checkbox"/>	2. <i>ENGL 1301 Composition I</i>	F, SP, SU	3
<input type="checkbox"/>	3. <i>HIST 1301 US History I</i>	F, SP, SU	3
<input type="checkbox"/>	4. <i>MATH 1342 Elementary Statistical Methods</i>	F, SP, SU	3
<input type="checkbox"/>	5. <i>PHED 1301 Foundations of Kinesiology</i>	F, SP, SU	3
			<i>15 hours</i>
<input type="checkbox"/>	6. <i>ENGL 1302 English Composition II</i>	F, SP, SU	3
<input type="checkbox"/>	7. <i>HIST 1302 US History II</i>	F, SP, SU	3
<input type="checkbox"/>	8. <i>PHED 1346 Drug Use and Abuse</i>	F, SU	3
<input type="checkbox"/>	9. <i>PHED 1306 First Aid, CPR, and Safety Practices</i>	F, SP, SU	3
<input type="checkbox"/>	10. <i>PSYC 2314 Lifespan Growth and Development</i>	F, SP, SU	3
			<i>30 hours</i>
<input type="checkbox"/>	11. BIOL 2401 Human Anatomy and Physiology I	F, SP, SU	4
<input type="checkbox"/>	12. <i>PHIL 2306 Introduction to Ethics*</i>	F, SP	3
<input type="checkbox"/>	13. <i>GOVT 2305 Federal Government</i>	F, SP, SU	3
<input type="checkbox"/>	14. <i>PHED 1164 Introduction to Physical Fitness & Wellness</i>	F, SP, SU	1
<input type="checkbox"/>	15. <i>DANC 2303 Dance Appreciation *</i>	F, SP, SU	3
			<i>42 hours</i>
<input type="checkbox"/>	16. BIOL 2402 Human Anatomy and Physiology II	F, SP, SU	4
<input type="checkbox"/>	17. <i>GOVT 2306 Texas Government</i>	F, SP, SU	3
<input type="checkbox"/>	18. <i>PHED 1304 Personal/Community Health</i>	F, SP, SU	3
<input type="checkbox"/>	19. <i>PHED 2356 Care and Prevention of Injuries</i>	SP	3
<input type="checkbox"/>	20. <i>SPCH 1315 Public Speaking *</i>	F, SP, SU	3
	*** Associate of Arts or Associate of Science Degree Earned *** NOTE: Check with the Office of Financial Aid as aid may not be available beyond degree completion and/or 60 hours.		<i>60 hours</i>

READ ALL NOTES CAREFULLY:

- * Refer to Core Curriculum and KC Catalog for all possible course options.
- ** [Students should consider the requirements of their planned major or licensing requirement of their intended career paths when choosing between the two courses.]
- a) Courses in **bold** have a pre-requisite (previous course required).
- b) Courses in *italics* can be taken in any order.
- c) ENGL 1301 and the first MATH class may require a co-requisite course depending on TSI Scores.
- d) Refer to KC Catalog for AA or AS Degree Requirements.

CAREER OPPORTUNITIES

Sport Nutritionist/Dietician, Wellness Director
Health and Wellness Promotion Specialist
Public/Community Health Programs,
Health Services Manager, Worksite Wellness,
Health and Wellness Advocacy Groups

ADVANCED DEGREE/CREDENTIAL OPPORTUNITIES

Bachelors of Arts in Wellness
Bachelors of Science in Kinesiology
Bachelors of Science in Health Science
Masters of Science in Kinesiology

LINKS TO COLLEGES AND PROFESSIONAL ORGANIZATIONS:

LeTourneau University Department of Arts & Science, Kinesiology:

<https://www.letu.edu/academics/arts-and-sciences/programs-of-study.html>

Stephen F Austin State University Department of Health Science and Kinesiology: <http://www.sfasu.edu/kinesiology/>

UT-Tyler Department of Health and Kinesiology: <https://www.uttyler.edu/hkdept/>

CONTACT INFORMATION

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