



**Drug and Alcohol Abuse Prevention Program Task Force Biennial Review
October 14, 2020**

*In compliance with the Drug-Free Schools and Campuses Regulations.

Kilgore College
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The Kilgore College Drug and Alcohol Abuse Prevention Task Force is responsible for the planning, implementing and assessing the College's Alcohol and Other Drug (AOD) abuse prevention programs. This Committee consists of:

Dr. Mike Jenkins, Executive Vice President and Chief Student Affairs Officer
Mr. Heath Cariker, Chief of Police - Kilgore College Police Department
Mrs. Ashley Mason, Coordinator of Campus Life
Mr. Tony Johnson, Director of Human Resources
Mrs. Pam Gatton, Director of Counseling and Testing
Mr. Sammy Wagner, Captain - Kilgore College Police Department
Mrs. Jennifer Quine, Counselor and EDUC Instructor

The Committee met on October 14, 2020, to review the institution's AOD abuse prevention program.

Biennial review

The Kilgore College Drug and Alcohol Abuse Prevention Task Force is committed to conducting a biennial review of prevention efforts by December 31 of each even-numbered year. The results of the biennial review are made available on the Kilgore College website.

1. Description of AOD Program Elements

Alcohol-free options

- a. Alcohol-free events and activities are created and promoted.
- b. Service learning or volunteer opportunities are created, publicized, and promoted.
- c. Community service work is required as part of the academic curriculum in specific courses.
- d. The campus offers a student center, recreation center, coffee shop, and other alcohol-free locations.
- e. The student center and other alcohol-free settings have expanded hours.
- f. Nonalcoholic beverages are promoted at events.
- g. Kilgore College is a drug-free campus and prohibits alcoholic beverages at events where students are present.

Normative environment

- a. The academic schedule offers core classes on Thursdays and a few Fridays.
- b. Exams/projects increasingly require class attendance and academic responsibility.
- c. Substance-free residence options are available (all dorms are tobacco, alcohol, and drug-free).
- d. The campus encourages an increase in academic standards.
- e. Faculty and staff are educated about behavioral indicators, student norms, and cultural attitudes related to high-risk or illegal alcohol use (BIT information and annual notification).
- f. Faculty and staff are educated about behavioral indicators, student norms, and cultural attitudes related to illicit drug use (BIT information and annual notification).
- g. Faculty are encouraged to engage in a higher level of contact with students.
- h. Student leadership in prevention is developed (resident assistants, student organizations).

- h. Students have opportunities to advise and mentor peers (ambassadors, RAs, and tutors).

Alcohol availability

- a. Alcohol on campus is severely restricted and is not permitted at functions where students are present.

Marketing and promotion of alcohol

- a. Alcohol and tobacco advertising on campus is prohibited.
- b. Alcohol and tobacco industry sponsorship for on-campus events is prohibited.
- c. Alcohol and tobacco promotions with special appeal to underage drinkers are prohibited.
- d. Alcohol and tobacco promotions that show drinking in high-risk contexts are prohibited.

Policy development and enforcement

- a. On-campus functions must be registered.
- b. Attendees are subject to ID checks at on-campus functions.
- c. Police patrols monitor on-campus parties and functions.
- c. Disciplinary sanctions for violation of campus AOD policies are enforced.
- d. All local, state, and federal laws are enforced.
- e. Alcohol is prohibited on campus and at College-sponsored events where students are present.

2. AOD Program Goals and Goal Achievement

1. Kilgore College is an alcohol-limited and drug-free campus and desires to provide a campus free of Code of Conduct and Personnel Policy violations.
2. Kilgore College articulates and consistently enforces clear policies that promote an educational environment free from substance use/abuse.
3. Kilgore College provides ongoing alcohol and drug abuse education for the campus community.

Adjudicated violations of the student code of conduct for the two most recent years reported follow.

Reports of Violations 2018-2020

	On Campus		In Student Housing	
	2018	2019	2018	2019
Arrests¹				
Drug Violations	10	7	6	1
Alcohol Violations	1	3	0	3
Disciplinary²	2018-19	2019-20	2018-19	2019-20
Drug Violations	9	7	9	7
Alcohol Violations	7	7	7	7

¹Source: Kilgore College Annual Security and Fire Safety Report.

²Source: Internal Records related to displayed academic years. Please note that the numbers listed in this section are duplicative between Arrests and Disciplinary and do not conform to the reporting scheme for the ASFSR.

There were no employee-related drug or alcohol policy violations reported for 2018 or 2019.

To meet the above program goals, the following specific strategies have been implemented.

- A. Kilgore College Behavioral Intervention Team
BIT is a reporting and assessment program that permits concerned individuals (students, employees, parents, and others) to identify Kilgore College students who exhibit disconcerting behaviors. The BIT provides non judicial support and referral, as deemed necessary.
- B. KCPD Drug and Alcohol Outreach Program
Coordinated by Captain Sammy Wagner, the KCPD Drug and Alcohol Outreach Program included the following during the 2018-2020 years:
1. Presentations at New Student Orientation Sessions
 2. Presentations at Housing Meetings each semester
 3. Distribution of information at housing check-in each semester
 4. Distribution of information in the Devall Student Center hallway at various times during the semester
 5. Hosting of a Mothers Against Drunk Driving (MADD) walk-a-thon on campus that included the distribution of information
 6. Presentations and information distribution at Party in the Plaza, a welcome to campus event
- C. Memorandum of Understanding (MOU)
An executed MOU serves as a confirmation of the agreement between Kilgore College and the East Texas Council on Alcoholism and Drug Abuse (ETCADA) to collaborate in the effort to provide substance abuse prevention. ETCADA will provide, through the Prevention Resource Center (PRC) trainings, data, and voluntary compliance checks. ETCADA will also, through the Youth Prevention Programs (YPI), provide information, materials, and presentations on tobacco, alcohol, and other drugs (AOD).
- D. Memorandum of Agreement (MOA)
An executed MOA serves as a confirmation of the agreement between Kilgore College and the East Texas Council on Alcoholism and Drug Abuse (ETCADA) to provide recovery and support services.
- E. Information, support and referral services
The Campus Nurse and the Counseling Center provide information, support, and referral services.
- F. Special Conditions for students in residence halls
The conduct process in the residence halls, related to alcohol and other drugs contains rigorous educational sanctions. Each infraction holds five parts:
1. **Internal** – Substance Abuse assessment completed with ETCADA or through an LCDC student under the supervision of Tina Rushing.
 2. **External** – Watch an educational video, create a presentation, make a poster, write a paper, etc.
 3. **Action** – go to a recovery meeting (AA, NA, CA, SMART, CR, etc.)
 4. **Community** – complete service work in the assigned residence hall.
 5. **Suspended expulsion from residence halls** – any further conduct sanctions may result in expulsion from residence halls.

G. Special conditions for student athletes

Student athletes are subject to random testing for drugs of abuse. Any student athlete who tests positive is subject to disciplinary action and referrals for counseling. Additionally, student athletes are held accountable for off-campus alcohol or drug-related violations.

3. Summaries of AOD Program Strengths and Weaknesses

A. Overall, Kilgore College's AOD Program is strong and has several modes for disseminating information and responding to issues and needs.

The total number of drug related arrests decreased while alcohol violations increased. These violations continue to be relatively low in number as related to the size of our student population.

1. Drug violations continue to be related to marijuana and paraphernalia violations.
2. Both drug and alcohol violations in the residence halls increased.
3. Violations in student housing, as compared to the overall residency level, remain low.

B. Random drug testing is conducted with specific student groups, including athletes.

C. Kilgore College maintains coordination with and use of ETCADA's resources and classes.

D. The Committee developed and recommended significant revisions to the Kilgore College Drug and Alcohol Policy and Procedures.

4. Annual Notification

Students enrolled in one or more classes for academic credit and employees are provided annually with written materials that adequately describe and contain the following:

- A. Standards of conduct that prohibit unlawful possession, use, or distribution of illicit drugs and alcohol on Kilgore College property or as a part of Kilgore College activities.
- B. A description of the health risks associated with the use of illicit drugs and the abuse of alcohol.
- C. A description of applicable legal sanctions under local, state, or federal law.
- D. A description of applicable counseling, treatment, rehabilitation, or reentry programs.
- E. A clear statement of the disciplinary sanctions the institution will impose on students and employees and a description of those sanctions.

The notices are delivered to every student and employee email address on or around the second Monday of fall and spring semesters. Additionally, the notice is placed on the Kilgore College website.

5. Copies of Policies Distributed Annually to Students and Employees

A copy of the most recent Annual Notification follows:

Drug and Alcohol Prevention Program Annual Notification

Kilgore College adheres to and complies with the Drug-Free Schools and Communities Act Amendments of 1989 (Public Law 101-226), which require an Institution of Higher Education to certify with the United States Department of Education that it has adopted and implemented programs to prevent the illicit use of drugs and the abuse of alcohol by students and its employees. Drug-free and alcohol-free policies have been adopted by the College which are published and disseminated to students and employees in writing annually and will be enforced.

Included within this annual notice are:

1. The College's standards of conduct
2. A description of the applicable legal sanctions/disciplinary actions under federal, state, or local law and campus policy
3. A description of the health risks associated with alcohol and drug use
4. A list of available treatment programs available
5. A description of disciplinary sanctions for violations of College standards of conduct

The following is the pending update to the College's Alcohol and Drug Policy. Approval is anticipated at the Kilgore College Board of Trustees' meeting in December, 2020.

Policy:

Kilgore College prohibits the use of illegal drugs, controlled substances without a valid prescription, and/or use of synthetic drugs and other intoxicating substances such as K-2, bath salts, etc.; the possession of illegal drugs or controlled substances without a valid prescription; and/or the possession of paraphernalia in the workplace, on school premises, or as part of any of the College's activities, regardless of location. In addition, students are prohibited from the manufacture, distribution, dispensing, possession, or use of alcoholic beverages on school premises or as part of any of the College's activities, regardless of location. Typically, employees and visitors are prohibited from the use of alcoholic beverages in the workplace, on school premises, or as part of any of the College's activities, unless authorized under the College Events and Facility Rentals: Alcohol Use Policy.

Students and employees are expected to abide by the rules and regulations of Kilgore College and Federal and State Laws regarding the use, sale, and distribution of alcohol, controlled substances, and synthetic drugs.

Procedures:

Members of the Kilgore College community shall not unlawfully manufacture, distribute, dispense, possess, use, or be under the influence of any of the following substances during working hours while at the College, or at College-related activities during or outside of usual working hours:

1. Any controlled substance or dangerous drug as defined by law, including but not limited to marijuana, any narcotic drug, hallucinogen, stimulant, depressant, amphetamine, or barbiturate.
2. Alcohol or any alcoholic beverage, unless authorized under the College Events and Facility Rentals: Alcohol Use Policy.
3. Any abusable glue, aerosol paint, or any other chemical substance for inhalation.
4. Any other intoxicant, or mood-changing, mind-altering, or behavior-altering drugs.

An individual need not be legally intoxicated to be considered “under the influence” of a controlled substance. An employee, student, or visitor who uses a drug authorized by a licensed physician through a prescription specifically for his or her own use shall not be considered to have violated this policy.

EMPLOYEE WELFARE

Employees who violate this policy shall be subject to disciplinary sanctions. Such sanctions may include referral to drug and alcohol counseling or rehabilitation programs or employee assistance programs, termination from employment with the College, and referral to appropriate law enforcement officials for prosecution. Information on available rehabilitation or employee assistance programs and contacts shall be posted throughout the workplace. Compliance with these requirements and prohibitions is mandatory and is a condition of employment. As a further condition of employment, an employee shall notify the College President of any criminal drug statute conviction the employee incurs for a violation in a workplace no later than five days after such conviction.

Within thirty calendar days of the College President’s or designee’s receiving notice from any source of a conviction for any drug statute violation occurring in the workplace, the College President or designee shall either (1) take appropriate personnel action against the employee, up to and including termination of employment or referral for prosecution or (2) require the employee to participate satisfactorily in a drug and alcohol abuse assistance or rehabilitation program approved for such purposes by a federal, state, or local health agency, law enforcement agency, or other appropriate agency. The cost of any such program shall be borne by the employee.

STUDENT WELFARE

It is the responsibility of the College to maintain an environment that is conducive to teaching and learning and to personal and professional growth. Since irresponsible/illegal use of alcohol, intoxicating substances, and drugs are detrimental to the maintenance of an educational environment, it is the intent of the College to establish practices and procedures which discourage such behaviors and ensure compliance with local, state, and federal laws by all individuals on College property or facilities or property under control or jurisdiction of the College.

Prohibition of Alcoholic Beverages and other Intoxicating Substances

All Kilgore College students are responsible for complying with Texas state laws and policies of KC. These guidelines establish that:

1. No person under 21 years of age may use or be in possession of alcoholic beverages. ***Texas Alcoholic Beverage Codes 106.4 and 106.5 prohibit consumption or possession of alcohol by a minor.***
2. Alcoholic beverages may not be made available to minors.
3. Misrepresentation of age for the purpose of purchasing alcoholic beverages is a violation of state law.
4. Personal possession and consumption of alcoholic beverages by students are not permitted in residential halls, at athletic events, at social events attended by students, or on College property.

Students found drinking or in possession of alcoholic beverages or other intoxicating substances will be reported to Campus Police immediately and will face disciplinary action from the College, as well as any penalties issued in accordance with Texas State Law.

Drug and Alcohol Abuse

In compliance with the Drug-Free Schools and Communities Act Amendments of 1989 (P.L. 101-226), Kilgore College endeavors to provide an environment for students that is free from illicit drugs and the abuse of alcohol or other intoxicating substances. Accordingly, the College provides information about drug and alcohol use and abuse through the College Nurse's Office, the Campus Police Department, and the Campus Life Office.

In addition to the Kilgore College sanctions related to these offenses, there are state and federal laws that also apply to the unlawful possession, use or distribution of alcohol, inhalants, or illegal drugs. The fines can range from not less than \$25.00 to imprisonment for life and a fine of up to \$250,000.

HEALTH RISKS

Outlined below is a listing of drugs of abuse and their health risks taken from the U.S. Drug Enforcement Administration website. A more complete and detailed accounting may be found at their website at http://www.justice.gov/dea/druginfo/all_fact_sheets.pdf.

Alcohol: Alcohol consumption causes a number of impairments including changes in behavior and normal body function. Even low doses significantly impair judgment, coordination, mental function, thus increasing the risks of accidents and injuries. Moderate to high doses of alcohol cause marked impairments in higher mental functions, severely altering a person's ability to learn and remember information. Very high doses taken acutely can cause respiratory depression and even death. Statistics show that alcohol use is involved in a majority of violent behaviors on college campuses, including acquaintance rape, vandalism and fights. Additional consequences include DUI arrests and serious or fatal car crashes. Continued abuse may lead to dependency, which can cause permanent damage to vital organs and deterioration of a healthy lifestyle.

Amphetamines: Amphetamines can cause a rapid or irregular heartbeat, tremors, convulsions, loss of coordination, collapse, and death. Heavy users are prone to irrational acts.

Cannabis (Marijuana, Hashish): The use of marijuana may impair or reduce short-term memory and comprehension, alter sense of time, and reduce coordination and energy level. Users can often have a lowered immune system and an increased risk of lung cancer. Users also often lack motivation and general drive to achieve goals.

Club Drugs: Club drugs are drugs such as MDMA (Ecstasy), Rohypnol, GHB, LSD, and methamphetamine and others, which are used at all-night parties such as trances or raves, dance clubs and bars. These party drugs, particularly when mixed with alcohol, can cause serious health problems, injuries, or even death.

Cocaine/Crack: Cocaine users often have a stuffy, runny nose and may have a perforated nasal septum. The immediate effects of cocaine use include dilated pupils and elevated blood pressure, heart rate, respiratory rate, and body temperature, followed by depression. Crack, or rock cocaine, is extremely addictive and can cause delirium, hallucinations, blurred vision, severe chest pain, muscle spasms, convulsions, and even death.

Hallucinogens: Lysergic acid (LSD), mescaline, and psilocybin cause illusions and hallucinations. The user may experience panic, confusion, suspicion, anxiety, and loss of control. Delayed effects, or flashbacks,

can occur even when use has ceased. Phencyclidine (PCP) affects the section of the brain that controls the intellect and keeps instincts in check. Because the drug blocks pain receptors, PCP episodes may result in self-inflicted injuries, violence and aggressive behavior toward others.

Heroin: Heroin is an opiate drug that causes the body to have diminished pain reactions. Overdoses of this highly addictive drug can result in coma or death due to respiratory failure or cardiovascular collapse.

Methamphetamines: Methamphetamines can cause rapid or irregular heartbeat, increased blood pressure and body temperature. Possible side effects with long-term use include mood disturbances, violent behavior, anxiety, confusion and insomnia. All users risk becoming infected with diseases such as HIV/AIDS and hepatitis.

Prescription Drug Abuse: Taking a prescription medication that is not prescribed for you, or taking it for reasons or in dosages other than as prescribed, is prescription drug abuse. Commonly abused classes of prescription medications include opioids, central nervous system (CNS) depressants and stimulants. Long-term use of opioids or central nervous system depressants can lead to physical dependence and addiction. Opioids and CNS depressants may cause the user to experience drowsiness, slowing of brain function, as well as decreased heart and respiration rates. Stimulants can cause anxiety, paranoia, dangerously high body temperatures or seizures if taken repeatedly or in high doses.

Salvia Divinorum: Use of salvia can cause hallucination, changes in visual perception, feelings of detachment and a decreased ability to interact with one's surroundings.

Synthetic Drugs (Spice, Bath Salts, etc.): "Spice" refers to a wide variety of herbal mixtures that produce experiences similar to marijuana (cannabis) and that are marketed as "safe," legal alternatives to that drug. The term "bath salts" refers to an emerging family of drugs containing one or more synthetic chemicals related to cathinone, an amphetamine-like stimulant found naturally in the Khat plant. Though research on synthetic substances is still limited, they have been found to be potentially more dangerous than marijuana, cocaine, or other substances of abuse, as they are addictive and can be highly dangerous to humans.

DRUG AND ALCOHOL PROGRAMS

Kilgore College provides multiple educational and support opportunities for employees and students regarding alcohol and drug abuse. Information is provided through new student and new employee orientation sessions, provided in writing and available on the college's website, and through the Counseling Center, Campus Nurse, Campus Life, and Police Department offices. Additionally, licensed professional counselors and the campus nurse are available for information, support, and/or referrals to appropriate services.

Drug and alcohol education programs are provided throughout the semester by various departments. Additionally, educational courses and support are available through the East Texas Council on Alcoholism and Drug Abuse (ETCADA).

LEGAL SANCTIONS

The Kilgore College Police Department enforces all federal and state laws and local ordinances.

All Kilgore College students and employees are expected to comply with federal, state, and local drug and alcohol laws as well as KC policies and procedures. Any student or employee who violates any of these drug or alcohol laws will be reported to the appropriate law enforcement agency and will be subject to prosecution in accordance with the law. Legal sanctions for violation of local, state, and/or federal laws may include, but are not limited to fines, jail, or prison sentences up to ninety-nine (99) years or life. Students who violate both the Code of Conduct and federal, state, local, or other applicable law may be accountable to both Kilgore College and the civil or criminal authorities.

DISCIPLINARY SANCTIONS

The Director of Human Resources is the primary source on campus for enforcement of drug and alcohol policies pertaining to employees.

The primary sources on campus that enforce the alcohol and drug policies pertaining to students are the Kilgore College Police Department, the Coordinator of Campus Life, and the Executive Vice President/Chief Student Affairs Officer. Disciplinary sanctions for violations are detailed in the Student Rights, Responsibilities and Code of Conduct Policy.


6. Recommendations for Revising AOD Programs

A. The DAAPP Taskforce recommended a significant revision to the College's Alcohol and Drug policy and procedures.

B. The DAAPP Taskforce supported the implementation of an on-campus SMART Recovery program, coordinated by the faculty and students of the College's Substance Abuse Counseling program.

CEO Approval Statement:

After a thorough review of the Drug and Alcohol Abuse Prevention Program and the Program Summary, and after serious consideration, I give my approval of this document and program.



Brenda Kays, Ed.D.
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